

# How to fit and remove a P2 respirator

## Fitting a P2 respirator

P2 respirators are available in several different designs, and only one is shown here.



- Position respirator over mouth and nose



- Position tapes above and below ears at back of head



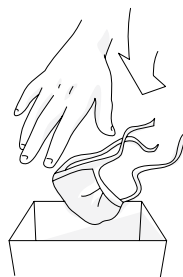
- Fit snugly at bridge of nose and under chin by using the adjusters

Check the respirator each time it is put on or adjusted.  
Occasionally test the fit of respirator using a test kit.

## Removing and disposing of respirator



- With clean hands, grasp tapes at back of head and remove by only handling the tapes, then discard in appropriate waste



- Wash hands

When fitted correctly, a P2 respirator offers protection from diseases spread by droplet and airborne transmission.

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Australian Government  
Department of Health and Ageing